

Participant Group Therapy Questionnaire

As a participant in group therapy, we are seeking your feedback as part of our monitoring evaluation of the treatment agency. This form helps the United States Probation and Pretrial Services Office evaluate services paid for by the government. Participant's feedback provides valuable insights into aspects of treatment that are working well and areas needing improvement. If you have any concerns about the services you are receiving, please contact your assigned officer to provide additional information related to your responses.

Group Information:

Type of Group (circle one): Mental Health Substance Use Co-Occurring Sex Offense Other: _____

Vendor Name: _____ Vendor Location: _____

First Name of Group Facilitator(s): _____ Date of Group Session: _____

Evaluation Questions:

Please circle your response to the following statements based on your experience in group therapy sessions.

1. The group facilitator(s) created a safe and supportive environment for sharing and discussion.
Strongly Disagree Disagree Neutral Agree Strongly Agree
2. The group sessions provided me with valuable insights and perspectives on my personal challenges or concerns.
Strongly Disagree Disagree Neutral Agree Strongly Agree
3. The group therapy sessions helped me develop new coping skills and strategies.
Strongly Disagree Disagree Neutral Agree Strongly Agree
4. The group dynamics and interactions among group members were respectful and helpful.
Strongly Disagree Disagree Neutral Agree Strongly Agree
5. The group facilitator(s) effectively guided the discussions and activities during the sessions.
Strongly Disagree Disagree Neutral Agree Strongly Agree
6. I felt comfortable sharing my thoughts and feelings with the group.
Strongly Disagree Disagree Neutral Agree Strongly Agree
7. The group sessions allowed me to gain a sense of support and connection with others who share similar experiences.
Strongly Disagree Disagree Neutral Agree Strongly Agree
8. The group therapy format was beneficial in addressing my personal needs and goals.
Strongly Disagree Disagree Neutral Agree Strongly Agree
9. The group facilitator(s) was professional and capable throughout the sessions.
Strongly Disagree Disagree Neutral Agree Strongly Agree
10. Overall, I found group therapy sessions to be helpful in my personal growth and well-being.
Strongly Disagree Disagree Neutral Agree Strongly Agree

Please provide any additional comments or feedback about your experience in the group therapy sessions: